



**BEDFORD PTG AND
BEDFORD SCHOOL DISTRICT
PRESENT
MENTAL WELLNESS PRESENTATIONS**



PSYCHOLOGICAL FIRST AID: PARENTS, KIDS AND MENTAL HEALTH
*(MOVING THROUGH THE PSYCHOLOGICAL STAGES
OF THE COVID-19 PANDEMIC)*

**THURSDAY, MARCH 18TH AT 7PM
HELD IN THE BEDFORD HIGH SCHOOL THEATER
BROADCAST LIVE ON BCTV CHANNELS 23 & HD 1072
VISIT BEDFORDPTG.ORG FOR MORE INFORMATION**